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NEWS RELEASE

For Immediate Release

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New Knee Surgery Helps Patients Recover Faster Local Physicians First in Northwest Ohio to Offer Procedure

FINDLAY (Ohio) - A new procedure offered exclusively by Ohio Orthopedics and Sports Medicine will spell relief for the thousands of area patients who will need full or partial knee replacement surgery this year.

Minimally Invasive Solution (MIS) Quad-Sparing Total Knee combines leading-edge technology with innovative medical training, allowing a patient a shorter and easier recovery period.

Dr. Philip E. Havens and Dr. Jeffrey McMath recently trained in MIS Quad-Sparing Total Knee and are now offering the advanced surgical procedure through their clinics in Findlay and Tiffin.

"Our concern is always our patients," says Dr. Havens. "This procedure is a common sense approach that literally puts some people back on their feet in less than half the time of conventional surgery."

"For many people, having a knee replaced starts with a painful surgical procedure followed by weeks on crutches," says Dr. McMath. "But MIS means less pain and a shorter recovery period."

MIS was developed by Zimmer, Inc., a leading developer in implants located in Warsaw, Indiana. Zimmer is creating specialized surgical instruments. In turn, the MIS procedure allows for a smaller knee incision, only three to four inches instead of the standard seven to 12 inches. The smaller incision damages less tissue. The result is less pain, a smaller scar and, this is important for patients, a shorter hospital stay. Most MIS patients leave the hospital in 1-2 versus 3-5 days for most standard knee replacement procedures.

But the true benefits may come after the surgery, in the form of a faster recovery time. For some patients, recovery (which often includes a greater range of motion) is apparent within two to five weeks.

"Less pain, less hospital time, better recovery," says Dr. McMath.

"If you're the one facing surgery, this is an important piece of news," says Dr. Havens. "It's that simple."

Candidates for MIS Quad-Sparing Total Knee may include those who have aching or pain in the joints, followed by periods of relative relief, pain after extensive use of joints or stiffness after inactivity or sleeping. The best candidates may be younger and older people who lead a more active lifestyle. However, anyone interested in the procedure should contact Ohio Orthopedics and Sports Medicine at (419) 424-0131.

Ohio Orthopedics and Sports Medicine continues to be a leader in Northwest Ohio in innovative training and procedures to serve area patients and their needs.

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